



Powertube recommended selection and release adjustment:

WARNING: The NTN binding is not certified according to the ISO standard.

- 1. Select binding size:**
Small = 22.5-26 mondo Large = 26.5-30 mondo
- 2. Skier weight**
- 3. Skier boot size/sole length:**
Using Skier weight and Boot size/length, follow row/column to determine initial value.
- 4. Skier Type:**
 Skier Type I: Skies conservatively/low speed. Set value according to next row up.
 Skier Type II: Skies moderately/variety of speed. Set value according to scale.
 Skier Type III: Skies aggressively/high speed. Set value according to next row down.
- 5. Skier Age:** Above 50 years, set value according to next row up.
- 6. Select Power Tube:**
 White: extra soft
 Green: soft
 Blue: medium
 Red: hard

There are 1-4 options of Power Tubes settings depending on skier's information above. Power Tube selection is based on personal preference. Rottefella recommends white or green for small boots (<26.5 mondo), and green or blue for large boots (>26.5 mondo). The bindings (small and large size) are sold with these Power Tube options as standard. The red Power Tube is for skiers who prefer stiffer springs.

- 7. Adjustment of Power Tubes:**
 Based on skier information above, determine proper Power Tube setting using the chart below. Adjust Power Tubes by turning them to the correct setting. See NTN technical manual for additional information.

WARNING: Power Tubes should never be set above recommended setting!

Recommended maximum release settings: **Warning:** Setting should never be above recommended setting.

Kg/lbs	Boot size/length			
	271-290 mm 24,0-26,0 mondo 38-40,5 europe	291-310 mm 26,5-28,0 mondo 41-43 europe	311-330 mm 28,5-30,0 mondo 44-45,5 europe	331 mm - 32,0 mondo - 46 europe -
36-41kg 79-91lbs	1	2 1	2 1	3 1
42-48kg 92-107lbs	2 1	3 1	3 1	3 2 1
49-57kg 108-125lbs	3 2 1	4 2 1	4 2 1	5 3 1
58-66kg 126-147lbs	4 2 1	5 3 1	5 3 2 1	5 4 2 1
67-78kg 148-174lbs	5 3 2 1	4 2 1	4 3 1	5 3 1
79-94kg 175-209lbs	4 3 2	5 3 2	5 3 2	5 4 2
95+ kg 210+ lbs	5 3 2	5 4 2	4 2	4 3